BIRTH PSYCHOLOGY NEWSMAKERS:

VOLUME ONE

Ray Castellino, D.C., R.P.P.,

Santa Barbara, CA, was presented with the Annual Randolph Stone Award and \$1,000 prize by the American Polarity Therapy Association for his paper "The Polarity Paradigm Regarding Pre-Conception, Prenatal, and Birth Imprinting."

Barbara Harper, R.N.

organized the first North American Conference on "Nurturing Women: Integrating Water into Maternity Care," in collaboration with five sponsoring groups including the University of NC School of Medicine, Chapel Hill. From April 12-14th nurses, midwives, and doctors came from 37 states and 9 countries to hear 15 experts on waterbirth. For her this was a culmination of ten years of work promoting waterbirth. Barbara is founder and director of Global Maternal/Child Health Association based in Wilsonville, Oregon. She is a childbirth educator, former traditional midwife, and author of Gentle Birth Choices, book and video.

Linda Share, Ph.D.

Book. (1994) *If Someone Speaks, It Gets Lighter: Dreams and the Reconstruction of Infant Trauma.* Hillside, NJ: The Analytic Press. Orders: 1-800-926-6579.

Sylvia Klein Olkin.

Audiotape Production (1995). "Baby & Me: Guided Relaxation Especially for Preterm Labor." Orders: 1-800-433-5523.

Jack Heinowitz, Ph.D.

Book (1995). *Pregnant Fathers: Entering Parenthood Together.* San Diego: Parents as Partners Press. Orders: 1-800-356-9315.

Elizabeth Noble, P.T.

Book (1995) 4th. Edition, Revised and Updated: *Essential Exercises for the Childbearing Year: A Guide to Health and Comfort Before and After Your Baby is Born.* New Life Images Fax 508-432-9685.

Jan Whitcomb.

Book (1995) *Teaching Natural Birth: Deciding to Teach and Establishing Your Own Successful Business.* Thornwood Gardens Publishing Co. Orders: 619-287-4479

Christina Hurst-Prager,

Zurich, Switzerland organized her 5th International Conference "Birth in Intimacy and Safety," Oct. 26-29, 1995. Among the speakers were APPPAH members Phyllis Klaus, Michel Odent, Toni Locher, and David Chamberlain.

Shirley Ward, M.Ed.,

Curtlestown, County Wicklow, Ireland has presented four lectures in 1995 to the International Atomic Energy Agency at the UNO-City complex of the United Nations in Vienna, Austria.

Prof. Ruth Fridman,

Buenos Aires, Argentina, President, International Music Society for Prenatal Development, presented a paper at the 8th Symposium of Music Therapy in Sao Paulo, Brazil.

Renee Guindi,

Centro de Musica in Utero, Mexico City, has produced a series of three music CD's designed for use by parents prenatally and perinatally. Orders: Fax: 011 52-5-254-0051

Cristina Solorzano, M.D.,

Buenos Aires, Argentina Book and Video (1995) *The Magic of Being Born: Tales of Delivery* (in Spanish). Editorial Troquel. For info: Gestar, Av. Santa Fe 2483 12 A, Buenos Aires.

Lucia Cappaccione, Ph.D., and Sandra Bardsley, R.N., F.A.C.C.E.,

Book (1994). Creating a Joyful Birth Experience. Fireside/Simon Schuster.

Michel Odent, MD,

surgeon, obstetrician, and homebirth midwife, collaborating with underwater photographer **Jessica Johnson** has produced the brilliant pictorial, *We Are All Water Babies*, published by Celestial Arts, Berkeley, CA. This book contains photos of underwater births and of babies swimming joyfully underwater. Dr. Odent has also produced a video (1994), 52 mins. "Midwives, Lullabies, & Mother Earth." Orders: Primal Health Research, North Dakota 701-852-2822.

Averil Earnshaw, M.D.,

Sydney, Australia (1995). Book: *Time Will Tell.* Sydney: A & K Enterprises. Fax (from the US) 011 612 958 0390.

Phyllis Klaus, M.F.C.C. (with Marshall Klaus and John Kennell)

Book (1995). *Bonding: Building the Foundation for Secure Attachment and Independence.* Addison-Wesley.

Sheila Gower

is probably the first person in any national church body to hold the position "Prenatal and Children's Coordinator." She is in the Education Services Department of The Association of Unity Churches, Lee's Summit, MO. Through the UNI-TOTS column in *The Education Link*, a journal sent to all Unity educational leaders and clergy, Sheila distributed David Chamberlain's paper, <u>"What Babies Are Teaching Us About Violence."</u> This was done in three parts in successive issues.

New APPPAH member, Theresa Danna, M.P.W.,

has produced a booklet, *The Link of Love: Evidence of Pre-Birth Choices* (P. O. Box 16963, Encino, CA 91416) which gathers the stories of several women, along with her own, who report prenatal contacts through visions and dreams apparently initiated by the babies themselves. Theresa was interviewed on Mother's Day on Art Bell's "Dreamland" radio program syndicated to 187 cities.

Elisabeth Hallett

In a similar vein, and based on experiences shared by many mothers, Elisabeth Hallett has written and published *Soul Trek: Meeting Our Children On the Way to Birth.* Hamilton, MT: <u>Light Hearts Publishing.</u> **Paula M. S. Ingalls**

of Bernard, ME and Bronxville, NY spoke at a recent conference of the Int. Society of Pre- and Perinatal Psychology and Medicine (ISPPM) in Heidelberg. Her paper on "Derepression and Reprocessing: Food for Thought from a Patient" will be published in the Int. J. of Prenatal and Perinatal Psychology and Medicine. Paula writes in depth about how she recalled her traumatic birth in Holland and her therapeutic journey of over 25 years, the first four with a psychiatrist who taught her how to continue on her own. She had forgotten most of the first sixteen years of her life.

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Stephen Maret, Ph.D,

Assistant Professor of Psychology at Caldwell College, Caldwell, NJ, presented a paper, "Towards A Fetal Psychology" at the 26th International Congress of Psychology held in Montreal, Quebec last summer. Stephen's doctoral dissertation at Drew University on "Frank Lake's Maternal-Fetal Distress Syndrome: An Analysis," is a subject that he has returned to in numerous addresses at psychological conferences and publications, including his book The Prenatal Person which is in press at the University Press of America.

Psychologist Aletha Solter, Ph.D,

has returned to Goleta, California after an eventful year in Europe in which she gave thirty six talks and workshops in six countries. At the 1995 APPPAH Congress, she spoke on a subject which has been a long-time interest: why babies cry and how to help them when they cry. Her book, The Aware Baby is now in its third printing and has been translated into German, French, and Dutch, attesting to its usefulness to parents. At the core of her philosophy is the concept of emotional release, specifically the healing power of crying while being lovingly held and listened to. Aletha studied with Jean Piaget at the University of Geneva.

Marjorie L. Rand, Ph.D

of Manhattan Beach, CA is the author of an article "As It Was In the Beginning: The Significance of Infant Bonding in the Development of Self and Relationships," published recently in the Journal of Child and Youth Care (Vol 10:4, 1996). Marjorie is a pioneer in Integrative Body Psychotherapy and is International Director of thirteen IBP Institutes where she helps to train and supervise therapists in the United States, Canada, Europe, and Israel. She is co-author of the book Body, Self and Soul: Sustaining Integration. (You can read this article in The Birth Scene/Bonding.)

Louise G. Taylor

of Kuala Lumpur, Malaysia has just offered, for the first time, a 12-week Prenatal Teacher Training Course which included prenatal theory, music for the unborn child, and infant massage. Students were music teachers and Montisorri teachers. For hands-on practice the ten graduates participated in "Operations Caress," with sick and abandoned premature babies in hospital wards"taking their inspiration from Laura Huxley's project in Los Angeles. Louise teaches at META (Music Education

Therapy and Allied Arts) Center of Learning and Training in Kuala Lumpur, and is a member of the International Music Society for Prenatal Development.

Lewis Mehl-Madrona, M.D., Ph.D,

former APPPAH Board member, has completed residencies in psychiatry and family medicine at the University of Vermont. He is now affiliated with the Native American Research and Training Center at the University of Arizona College of Medicine, 1642 E. Helen St., Tucson, AZ 85719. He made a Spring tour of ten cities for lecture appearances in connection with his new book Coyote Medicine recently released by Scribners/Simon & Schuster.

Joanna Wilheim,

Brazilian psychoanalyst in Sao Paulo, Brazil has been in constant circulation lecturing about prenaal psychology to psychoanalytic societies, medical conferences, and Universities throughout Brazil. She is author of What is Prenatal Psychology? (in Portugese), and On the Way to Being Born, also available in German and soon to be in Italian.

Robbie Davis-Floyd, Ph.D,

of the University of Texas, Austin, cultural anthropologist and APPPAH board member, spoke recently to LA/APPPAH members and friends at The Chapman Family Center in Santa Monica. In addition to her influential book, Birth As An American Rite of Passage (1992) she is co-author of From Doctor to Healer: Physicians in Transition (Rutgers Univ. Press, 1997), Childbirth and Authoritative Knowledge: Cross-Cultural Perspectives (Univ. of California Press, 1997), and co-editor of Cyborg Babies: From Techno-Sex to Techno-Tots (Routledge, 1997). (Cyborg Babies includes a chapter by APPPAH President, David B. Chamberlain, "Babies Don't Feel Pain: A Century of Denial in Medicine.")

William Emerson, Ph.D.,

Co-Chair of the '97 San Francisco congress of APPPAH, has completed a grand circuit of training workshops in Scotland, Germany, Belgium, Switzerland, and England. Among the sponsors of his tour were three other APPPAH members: Marguerite Joris, Ph.D in Belgium, Markus Fischer, M.D. in Switzerland, and Ludwig Janus, M.D. in Germany. This tour will be repeated in the summer of 1997. For information, contact Emerson Training Seminars (starvapor@aol.com).

Jeane Rhodes, M.A.

who offers prenatal counseling, preconception counseling and trauma resolution in Lakewood, Colorado, made a presentation on birth memory to the Fall conference of Colorado Midwives. Jeane is a doctoral candidate at Union Institute engaged in a research project on body language and birth memory.

Jeannine Parvati Baker, M.A.,

author, activist, and teacher of Junction Utah, has carried APPPAH's message into hospitals and birth centers of New South Wales, Australia. She found a warm reception at King George V. Hospital and the Woman's Lying-In Hospital of Sydney, as well as radio stations, community centers, town halls, universities and living rooms. She found the Australians "light years" ahead of Americans in openness to perinatal psychology. In a second Australian tour in 1996 she spoke at the International Homebirth Conference in Tasmania and in Melbourne at the Midwives and Medicine Women Conference. In 1997 she will keynote the Homebirth Conference in the Northern Territory. She also took her message to Ludwig Janus's Psychotherapie Institute in Heidelberg, Germany and to the International Symposium to End Genital Mutilation in Switzerland.

Marlou Russell, Ph.D., M.F.C.C.,

psychologist of Santa Monica, California, has published the book, Adoption Wisdom: A Guide to the Issues and Feelings of Adoption (Broken Branch Productions: Los Angeles). Herself an adoptee in reunion with her birth family, Marlou has specialized in caring for adoptees, birth parents, and adoptive families. She regularly conducts workshops on the psychology of adoption for other professionals, and groups for individuals and families dealing with adoption.

Sandra Collier-Verny

Canadian Art and Music Therapist, is author of the popular dream guidebook Wake Up To Your Dreams (Scholastic Publishers). Designed for use in school programs involving children 8 to 14 years of age, it is enjoying wide circulation in Canada. Last Summer, she and husband, APPPAH Founder Thomas R. Verny, M.D., offered a 3-day workshop on prenatal psychology at a conference in France organized by Master Rebirther Binnie Dansby of E. Sussex, UK. Dr. Verny also addressed the Annual Meeting of the Royal Belgian Society of Ob/Gyn in Brussels.

Marilyn Milos, R.N.,

Founder of NOCIRC, San Anselmo, CA, organized the international symposium "Global Perspectives on Male and Female Genital Mutilation: Circumcision, Ethics, and Human Rights" held at the University of

Lausanne, Switzerland. On the program were APPPAH members James Prescott, Ph.D., Newport Beach, CA, Tina Kimmel, M.P.H. of Oakland, CA, Jeannine Baker, M.A. of Utah, and Michel Odent, M.D. of London.

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Ruth J. Carter, Ph.D,

Editor of the Pre- & Perinatal Psychology Journal and Associate Professor of International Studies at Georgia College and State University received the "Excellence in Teaching Award" in the College of Arts and Sciences. Ruth has also been honored with a Fullbright Grant (her fourth) to travel with a group of Georgia professors to Uzbekistan this August.

Maria Carella, M.Ed., L.P.C.

of St. Louis will speak at the "Parents As Teachers" International Convention in St. Louis in June on the topic, "Parent Education Begins In Utero." The "Parents As Teachers" program for families with babies birth to three years of age is administered through school districts in the US, Canada, and Australia. Atlanta anesthesiologist Fred Schwartz, M.D., CO-founder of Transitions Music, lectured on the use of music to help premature babies in intensive care at the International Society of Music in Medicine in Hamburg, Germany.

Annette Pfannenstiel, Ph.D.,

Syracuse, NY, has organized a 15-month independent study opportunity for medical students within the Ob/Gyn Dept. of the State Univ. of NY Health Science Center. The program provides continuous involvement with a family from pregnancy through the child's first birthday in a co-learning partnership.

Wendy McCarty, Ph.D., Co-founder of BEBA (Birthing Evolution, Birthing Awareness),

Santa Barbara, CA, has published the first in a series of booklets on "Being With Babies--What Babies Are Teaching Us" full of helpful guidance based on extensive clinical experience at BEBA with babies and parents. Inquiries welcome: starrealm@aol.com. Research published in the BIRTH Journal comparing Lamaze and Bradley childbirth classes has given a boost to Jay and Margie Hathaway, national directors of The Bradley Method. The research conducted by a professor of sociology at the University of Portland, OR and commentary by Jay are in the December '96 issue.

Lisa Findeisen,

has completed a thesis on attachment and birth issues and received her M.A. degree from The School of International Training, Brattleboro, VT. She is currently recovering from knee surgery in Washington DC.

Marcy Axness,

new leader of LA/APPPAH, spoke at the American Adoption Congress Intern'l on "Life Before Birth: The Shaping Nature of Prenatal Experience." She was recently heard on Canadian radio discussing the unacknowledged trauma that attends adoption, and this Spring will serve on the faculty of the 6th Open Adoption Conference in Michigan giving both an address and workshop for professional adoption workers.

F. Rene Van de Carr, M.D. and Marc Lehrer, Ph.D.

have a new title for the update of their pioneering course work in prenatal stimulation: While You're Expecting: Creating Your Own Prenatal Classroom, published by Humanics Trade, P.O. Box 7400, Atlanta.

Elaine Childs Gowell, A.R.N.P., Ph.D.,

is known for her "Good Grief Rituals," which includes grief from the prenatal/perinatal period. In addition to three workshops a year in Seattle, she has recently spoken to tht Council on Anthropology in Nursing, and the Intern'tl Conference of EMDA practitioners. Later this year she will present at both the US and Latin Associations for Transactional Analysis, the latter in Caracas. She also skis with grandchildren. **Michael Trout, Director, The Infant-Parent Institute,**

Champaign, IL and producer of training videotapes for workers in the field of infant mental health, has just completed "Gentle Transitions: A Newborn Baby's Point of View on Adoption." In the film, babies speak about adoption concerns. First public showing was at the 6th Biennial Conference on Open Adoptions held in Michigan in April.

Theresa Danna, M.P.W.

inspired the creation of a segment for the television series "Sightings" about mothers who have received communications from their babies before conception. She appeared in her own story and APPPAH President David Chamberlain, Ph.D. provided expert commentary on the meaning and value of these experiences. Watch for reruns on the Sci-Fi Channel.

Judy Chapman, R.N., C.N.M.,

parent educator for 37 years, oversees the many activities of the Chapman Family Center in Santa Monica, favorite gathering place for APPPAH members in LA. Recently she presented psychologist Gayle Peterson, Ph.D in a workshop on improving childbirth outcome through body-centered hypnosis to master anxieties about birth. In April, the Center sponsored a workshop by Carista Luminare-Rosen, Ph.D, Director of the Center for Creative Parenting in Larkspur, CA on Preconception and Prenatal Health Care, and a special program "From Soul to Cell: A Holistic Perspective on Human Life."

Debra Norton, S.R.N., S.C.M.

and colleagues have organized "Birth Matters" a new holistic birth association in England. Launched with a conference in May at King Alfred's College, Winchester with strong support from midwives and childbirth educators, the group's unique mission is to educate birth practitioners and the public about the needs of unborn and newborn babies.

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VOLUME FOUR

APPPAH Board member Laura Uplinger,

of Santa Monica was one of fifteen persons invited to brainstorm about Music and Medicine at a cultural center near Nice in Provence. The extraordinary center, which hosts similar 5-day gatherings each month on topics which bridge art and science, is totally underwritten by La Fondacion des Treilles and all transactions are in French. Laura was asked to report on creative work she did as a member of a psychosomatic medicine team assigned to the maternity ward in a University Hospital in Brazil. For two years she used music and imagination exercises to help seriously ill pregnant women from the slums cope with life in the hospital setting.

Cindy Silverlock,

Santa Rosa, CA organized a conference for practitioners of Metamorphosis held in Sedona, Arizona in May. Speakers from Australia, Ireland, and the US presented talks on theory and hands-on approach originated by the late Robert St. John of England. She is already organizing the 1998 meeting. Metamorphosis, first called "Prenatal Therapy," was primarily developed from reflexology. St. John discovered that the spinal reflex points corresponded to the karmic, genetic, and collective stress patterns that influence our experience from conception to birth, and then in life. Practitioners feel that work in related areas of the feet, hands, and head is of benefit to everyone, especially pregnant women and their unborn babies. Cindy founded and edits Metamorphosis: An International Newsletter. (707-528-9402).

Ludwig Janus, M.D.,

Heidelberg, Germany, President of ISPPM, is the author of The Enduring Effects of Prenatal Experience: Echoes from the Womb, recently translated into English by Terence Dowling and published by Aronson (1997). Previously available in German, Dutch, Spanish, and Italian, this book is one of four books and 100 publications on psychoanalysis and prenatal psychology written by Dr. Janus.

Michelle Leclair O'Neill, R.N., Ph.D.,

Director of the Leclaire Childbirth Center in Pacific Palisades, CA has created Nine Glorious Months: Daily Meditations and Reflections for Your Pregnancy, recently released by Prima Publishing (1997). Her first book, Creative Childbirth (1993) and three audio tapes teach self-hypnosis, visualization and emotional mastery techniques for pregnancy, labor, and breastfeeding. In addition, she is a long-time Associate at the Simonton Cancer Center.

Sculptor, therapist, and recent Ph.D. in psychology Michael Irving,

Toronto, Canada, is creating the first public monument to survivors of child sexual abuse. Two tall robed figures with outstretched arms will be draped with scores of small bronze quilt squares bearing the survivor's names, poems, and art work. Visitors will be able to touch the 3.3 meter figures. The project aims at healing the isolation and shame which many adults feel, and attaining public recognition for the suffering of those abused. Public involvement will include a 12-city tour and art show, educational and

awareness campaign, art and writing workshops, and end with the unveiling in a city park in the Spring of the year 2000. (Survivor Monument Project, 274 Rhodes Ave., Toronto, ONT M4L 3A3.)

Maria Cristina Feijo,

psychologist and hypnotherapist in Rio de Janeiro has just received her Masters Degree in Public Health from the National School of Public Health. Her book Mae e Bebe: Uma Relacao Prenatal (Mother and Baby: Prenatal Relationships) (1997) has been published by Grupo Palestra/Anthropos with a Preface written by David B. Chamberlain. The book on prenatal psychology includes the author's Scale to Evaluate Maternal-Fetal Bonding.

BIRTH PSYCHOLOGY NEWSMAKERS:

VOLUME FIVE

Barbara Harper, R.N., Director of Global Maternal/Child Health Assoc. of Wilsonville, OR

taught a seminar on birth and waterbirth in Puerto Rico to an audience of physicians, psychologists, nurses, and pregnant women. She was interviewed by the local Health Department, promoted in a TV spot, and had front page coverage in two newspapers. You can follow her work on the internet at <u>Geocities</u>.

Susan Coates, Ph.D. a child psychotherapist in New York City

has led a team compiling a resource list on the Internet for therapists working with very young children on issues of attachment. She teaches and engages in attachment research at the Columbia University Center for Psychoanalytic Training and Research. This Fall she shares her insights from prenatal psychology in a course on Early Development at the Columbia Psychoanalytic Institute.

Gayle Peterson, Ph.D., L.C.S.W., Berkeley, CA,

is answering questions on-line for parents and spouses on marriage, family, sex, and parenting issues. "Ask Dr. Gayle" is running on the popular website <u>Parentsplace</u>. Gayle is the author of Birthing Normally (1984) and of An Easier Childbirth: A Mother's Workbook for Health and Emotional Well-Being During Pregnancy and Delivery (1991), both available from APG Distributors (800-275-2606).

Midwives June Whitson and Roxanne Potter

have produced the cassette tape Waiting for a Child: Songs, Relaxation and Visualization for Childbirth. Created with musicians, Barry and Shelley Phillips the tape features cello, tabla, Celtic harp, and oboe. Copies are available at 150 Via Venito, Corralitos, Santa Cruz, CA 95076.

Brazilian member Inez Gomes Bacelo Correia in Rio de Janeiro

has written The Impact of Television Upon the Unborn Baby: A Pioneer Study, 1997 (Rio de Janeiro: Grupo Palestra). Her Master's thesis on this subject opened new territory in 1987. The doctoral research undergirding this book was completed at the University of New South Wales, Sydney, Australia in 1995.

Ronald Goldman, Ph.D. is Director of the Circumcision Resource Center in Boston

and author of Circumcision: The Hidden Trauma: How an American Practice Affects Infants and Ultimately Us All. His second book, Questioning Circumcision: A Jewish Perspective, just published by Vanguard in Boston (1997) is endorsed by five rabbis and explains why a growing number of Jews are forgoing the practice. Ron was recently featured on "W5," a Canadian investigative TV show.

Kelduyn Garland, LCSW, LMT

has been engaged by a consortium of schools, hospitals and mental health groups in Orlando, Florida to offer a series of one-day workshops April 15-17 on "Becoming Who We Are." The workshops, designed to reach community leaders, educators, parents, law enforcement and child care personnel, will deal with perinatal factors leading to attachment and bonding or to the unattached (and violent) child syndrome. (Orlando's Healthy Community Initiative: 407-649-6891).

Debra Norton, R.N., R.M., Dorset, UK,

a holistic midwife, health educator, and leader of the organization Birth Matters, has organized the 2nd Women's Health, Birth, and Healing Conference to be held at King Alfred's College, Winchester, Hants on April 25th. Michel Odent will speak and there will be a closing panel on "Soul Midwifery."

Prof. Ruth Fridman, Buenos Aires, Argentina,

music researcher and President, International Music Society for Prenatal Development, has recently written an article for the Journal La Obra on the importance of early parenting and lectured at the University of La Serena in Chile on early bonding through music.

Michael Trout of Champaign, IL,

infant mental health leader/trainer/video producer has produced "Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption." No adults are seen or heard. The script distills what children would teach us, if they had the chance, about the experience of being moved around, and the difficulty remaining available for new attachment. (The Infant-Parent Institute 217-352-4060). Michael, one of the Directors of APPPAH has recently given presentations in Des Moines, Indianapolis, Detrot, University of Missouri, and Raleigh.

Joanna Wilheim, Sao Paulo, Brazil, President of the Brazilian Association for Study of Pre- and Perinatal Psychism (ABREP)

organized the Third "Brazilian Encounter for Study of Pre- and Perinatal Psychism The Dawn of Psychic Life" in Sao Paulo, in November. A professional audience of 200 counselors, psychologists and psychoanalysts heard four lectures on "Our Life In the Womb: A Scientific Update" by David B. Chamberlain. Joining him on the faculty was neonatologist Prof. Jorge Cesar Martinez from Buenos Aires, Argentina, a new member of the International Advisory Board of APPPAH, and prominent Brazilian medical professors and specialists in ultrasound work with unborn babies. All were united in telling of the great sensitivity and intelligence of prenates.

Tim Hammond and Lawrence Dillon, San Francisco,

have seen their educational video "Whose Body, Whose Rights?" accumulate dozens of honors and awards since it made its debut in 1995. The 56 minute film examines the ethics and the human rights issues of infant male circumcision, bypassing the interminable medical arguments on the subject. It engages a wide audience in college classes, professional conventions, libraries, film festivals, and on public television. Recently it was selected to be screened during the conference of the American Public Health Association.

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Ann B. Kirsch, Psy.D., family therapist and child development specialist in Beverly Hills, CA

is a Trustee of the Los Angeles Children's Museum. Ann writes a column "Ask Dr. Ann" dealing with developmental issues raised by parents. This Spring she taught the section of a CEU Practicum for psychotherapists entitled "Understanding Prenatal and Perinatal Influences on Psychological Development."

Congratulations to Ronald Cole, M.D. of Baytown, Texas

on the publication of The Gentle Greeting: An Obstetrician's Complete Guide to Planning a Loving Pregnancy and Birth Experience (1998, Sourcebooks, Naperville, IL).

Tracy L. Carlis, Ph.D of Encino, CA

taught two 4-hour courses this Spring for Ventura College Community Services on "Adoptive Parenting" and on "Adoption: The Lifelong Issues." As a psychotherapist, she concentrates on assisting adoptees, birth parents, and adoptive children.

Marjorie L. Rand, Ph.D, Manhattan Beach, CA,

a founder and leader in Integrative Body Psychotherapy, has contributed a chapter to an anthology, Getting in Touch: The Guide to New Body-Centered Therapies (1997, Quest Books, Wheaton, IL). Her chapter is titled "Self, Boundaries, and Containment: Integrative Body Psychotherapy." Marjorie presented a workshop on "Birth, Bonding and the Body" at the conference of the United States Association of Body Psychotherapy (USABP) held in Boulder, CO.

Christine Caldwell, Ph.D,

founder of Somatic Psychology at Naropa Institute in Boulder and Editor of Getting In Touch, practices body-centered psychotherapy and directs the Moving Center, also in Boulder.

Laurie Kanyer, childbirth educator, Certified Lactation Counselor, and Certified Family Life Educator of Yakima, WA,

directs the Children's Wellness Department at Yakima Valley Memorial Hospital. Laurie created the "Passport to Parenting" program for families of Yakima, and for pro-fessionals she has published The Journey of Becoming a Mother: Tools for a New Mother's Emotional Growth and Development (1996, Love & Logic Press, Golden, CO).

Aletha Solter, Ph.D of The Aware Parenting Institute, Goleta, CA

has returned from a four week trip to Europe where she gave talks and workshops in Switzerland, France, Belgium, England, and Wales. Her book, The Aware Baby will appear as a new French mass market paperback.

Jeannine Parvati Baker

presented a workshop to birth professionals in Salt Lake City on "The Soul in Birth: Recent Findings in Pre- and Perinatal Psychology." This summer she will be spread-ing her "word medicine" in Oxford and Bristol, England, Zurich, Bern, the Swiss Alps, and in Flor-ence, Italy.

Kelduyn Garland, L.C.S.W. of Lakeland, FL,

expert in reproductive and attachment issues, will lead a Leadership Training Institute for personnel of the Orange County Schools in Orlando. In the Fall she will keynote the National Foster Care Conference in Jacksonville, FL. and will speak at the ATTACh Conference in Tulsa, OK on "The Ties that Bond: Prenatal and Perinatal Origins of At-tachment and Bonding." APPPAH founder, Dr. Thomas Verny, will give the keynote address at the ATTACH conference.

BIRTH PSYCHOLOGY NEWSMAKERS

VOLUME SEVEN (SPRING AND SUMMER 1999)

An expert in the psychological aspects of fertility/infertility, **Niravi Payne, M.S.** of Brooklyn, New York appeared on "Good Day" at Fox 5 in the Big Apple to comment on the death of the smallest octuplet. She spoke of the realistic damages inherent in births of this nature. Callers overwhelmingly agreed.

Psychologist **Marlou Russell** of Santa Monica, CA was featured in a Mother's Day article in the Los Angeles Times/Westside Weekly. An adoptee, Marlou describes the difficulty, excitement, and inspiration of finding her birth mother after thirty-five years of separation. Dr. Russell wrote Adoption Wisdom: A Guide to the Issues and Feelings of Adoption (1996).

APPPAH member **Maria Carella, M.Ed.**, LPC of St. Louis addressed the Missouri Midwives Association on "Prenatal Development" this Spring. Maria is a State Certified Parent Educator working in the Parents As Teachers Program. Recently she helped to revise the training curriculum to include the prenatal period.

Ludwig Janus, M.D., Heidelberg, Germany has arranged for Los Angeles psychoanalyst Bernard Bail to lecture at the Institute for Psychoanalysis and Psychotherapy (Heidelberg-Mannheim). Dr. Bail will teach a two-day seminar on his method of dream analysis to tap into perinatal trauma. Many people learned about these techniques in the book by Lynda Share, Ph.D., Dreams and the Reconstruction of Infant Trauma (1996). Lynda teaches at the Psychoanalytic Center of California Institute.

Jane English, Ph.D., has completing publication of the new edition of *One Hundred Books (and Videos Too)* in Prenatal/Perinatal Psychology and Health (1999), and was featured recently in her hometown newspaper, Mount Shasta Herald. Jane has a new book *Fingers Pointing to the Moon: Words and Images of Paradox, Common Sense, Whimsy and Transcendence*. Her first book was *Cesarean(caesarean, cesarian) Birth: A Different Doorway*. Jane is a photographer, calendar maker, Taoist scholar, and certified Hot Air Balloon pilot.

Psychologists **David Chamberlain, Ph.D.** of San Diego and **Susana Hassan-Schwarz Galle, Ph.D.** of Washington D.C. have each contributed chapters for Transpersonal Hypnosis, edited by Eric Lescowitz, M.D. and recently published by CRC Press, Boca Raton, FL (1999). Susana writes on "Hypnosis, Yoga, and Psychotherapy" and David writes on "Prenatal and Perinatal Hypnotherapy." For more information: <u>crcpress.com.</u>

In late August, **William Emerson, Ph.D.**, of Petaluma, CA will speak in Heidelberg, Germany on "The Spiritual and Psychological Legacy of Birth;" He will conduct an introductory workshop "From Conception to Birth: Regressions to Pre- and Perinatal Stages." Visit his <u>website</u>.

Jon and Troya Turner, Grootebroek, the Netherlands, will offer a two-year Certification Training Program in September designed for Whole-Self Practitioners. The Turners have been teaching their unique method for eliciting pre- and perinatal knowledge for almost thirty years. They will offer a workshop at the December congress of APPPAH. For more information: wholself@worldonline.nl.

Elizabeth Noble, Harwich, MA, author of *Having Twins*, gave expert opinions on the TODAY Show, NBC's Newsfront, and MSNBC News regarding the case of a white woman who gave birth (after embryo implantation) at a reproductive clinic to twins, one white and the other black. The confusion of embryos has led to a custody suit by the black "parents" which would separate the twins.

Music therapist **Giselle Whitwell** of Granada Hills, CA has been lecturing around the world on the role of music and sound in the pre- and perinatal periods of life. Recently she lectured in Saratov, Russia to a combined audience of students and faculty from the School of Medicine and the School of Music. In the last couple of years, she has carried her message to Argentina and South Korea.

Laura Uplinger has retired from the board of directors of APPPAH after ten years of service due to her move to France. She served as Secretary-Treasurer for most of those years, chaired our 6th Congress in Washington D.C. in 1993, and, as an accomplished linguist, has been our official advisor and ambassador to Europe and South America. Laura and her husband, Hal met at our 2nd Congress (San Diego, 1985.) Hal works on international communications projects via satellite helping to unite people across the globe. He publishes the annual Broadcasters' Uplinker, which is a directory of broadcasters world wide. Hal also served on the board of APPPAH from 1991 to 1995. In July, Laura spoke at a surprise farewell party in Santa Monica. New address: 71 le Capitou del'Esterel, 83601 Frejus, France about ten minutes from the Mediterranean Sea. Hal and Laura, APPPAH salutes you!

Psychologist **Ann Kirsch, Ph.D.**, APPPAH's Book Review Editor, gave expert opinions on several episodes of Fox Family Network's news show 1, 2, 3 Grow to be aired in the Fall. She supported baby massage and spoke about effective ways to talk to children. Ann continues to teach doctoral students about prenatal and perinatal matters (in developmental psychology) and is encouraged by the positive responses of the students. She has noticed a dramatic increase in the number of students who are familiar with the subject.

Jill Hopkins celebrated the May publication of her book, *Welcoming the Soul of a Child: Creating Rituals and Ceremonies to Honor the Birth of Our Sons and Daughters* (New York: Kensington Publishing. Available at amazon.com with reviews and endorsements by Thomas Verny and David Chamberlain.

Ann Marquez, L.C.S.W., Ph.D. recently completed her doctoral dissertation, *Healing Through the Remembrance of the Pre- and Perinatal: A Phenomenological Investigation*. Her report features seven adults who remembered experiences in the prenatal and perinatal period. She documented a wide range of benefits in both physical health and personality which flowed from the process of remembering. Email: rebirth5@aol.com.

Marcy Axness, is the chairperson of the APPPAH study group in Los Angeles. The group, Los Angeles Prenatal Information and Support (LAPIS), began meeting in the Spring 1999. Meetings are held monthly at Judy Chapman's Family Center in Santa Monica. Contact Marcy at 818-591-0391 or email: <u>axness@earthlink.net.</u>

Terry Larimore, M.S.W. recently led a series of workshops on "Recognizing, Preventing and Treating Long-Term Effects of Emotional Shock during Prenatal Development and Birth." Her hosts have been the California Association of Midwives, the Carlaw Therapy Center in Toronto, and venues in Houston, Texas and New Jersey. For future opportunities, telephone her at 415-924-6432.

Thomas Verny, M.D., D. Psych. will offer a three-day workshop for the rebirthing community in Caracas, Venezuela in September. He continues to teach the course in pre- and perinatal psychology at St. Mary's University of Minnesota where the two-year program leads to a Master's degree in human development. Simon and Schuster will be publishing his book, *Secret Lessons about the interface of brain science, prenatal psychology, and parenting in the new millennium*.

Ray Castellino, D.C., Director of the BEBA (Birth Education, Birth Awareness) Research Clinic in Santa Barbara, CA is representing APPPAH in a new group called The Parenting Coalition. The group representing many professions is concerned with optimal parenting. You can have input by visiting their website.

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Jane English, Ph.D of Mt. Shasta, California, is known for her writings on the psychological effects of cesarean(caesarean, cesarian) birth. She is also known for her prize photographs and calendars and for translating and publishing the writings of Lao Tsu and Chuang Tsu. Jane has accepted our invitation to serve as Publisher of the annual publication, *One Hundred Books (and Videos Too) in Prenatal and Perinatal Psychology and Health*. Contact her at jane@eheart.com.

Robbie Davis-Floyd, Ph.D, Research Fellow in the Dept. of Anthropology at the University of Texas in Austin, has edited or co-authored four recent books: *Childbirth and Authoritative Knowledge: Cross-*

Cultural Perspectives (Univ. of California Press, 1997); *From Doctor to Healer: The Transformative Journey* (Rutgers Univ. Press, 1997); *Intuition:The Inside Story* (Routledge, 1997); and *Cyborg Babies:From Techno-Sex to Techno-Tots* (Routledge, 1998). To the latter book, APPPAH President, David Chamberlain, Ph.D, contributed a chapter entitled "Babies Don't Feel Pain: A Century of Denial in Medicine."

Phyllis Klaus, C.S.W, M.F.C.C. and her husband Marshall Klaus, M.D have just put the finishing touches on their new book Your Amazing Newborn (Perseus, 1998) They also wrote and helped direct a video *The Amazing Talents of the Newborn* produced by the Johnson and Johnson Pediatric Institute (1998). They hope the book and video will help parents more quickly discover the signals of their own newborn infant and discover their remarkable talents.

Prof. Ruth Fridman, Buenos Aires, Argentina, pioneer in the development of music and songs for pregnant women, reports that her new book, *Music for the Unborn Child* has been published in Spain. An earlier book, *he Beginnings of Musical Behavior* (1972) has been republished.

Cindy Silverlock, C.M.T, body therapist and trainer in Santa Rosa, CA, organized the 3rd Annual Conference for Metamorphosis in New York in March and is presently creating one for October 1999 in Sedona, AZ. For more information, visit the <u>website</u>.

F. Rene Van De Carr, M.D. and **Kristin Van de Carr, Ph.D.**, pioneers in prenatal stimulation and education as a way of strengthening the family, were honored at the 12th International Congress of the ISPPM held in London in September. They received the 1998 Elda Scarzella Mazzochi Award, named for the passionate Italian octogenarian who devoted fifty years to building community around homeless pregnant women in Milan. This project incorporated the best of prenatal and perinatal psychology.

Ronald Goldman, Ph.D., was a radio guest on "All Things Considered" National Public Radio's news magazine program that reaches eight million listeners. The interview "To Cut or Not to Cut" centered on his second book, Questioning Circumcision: A Jewish Perspective (Vanguard, 1997) which explained why a growing number of Jews are forgoing the practice. Ronald is Director of the Circumcision Resource Center, Boston.

Building on the 1996 Symposium in Lausanne, **Marilyn Fayre Milos, R.N.**, organized the 5th International Symposium on Sexual Mutilations held in August at Oxford University, England. Fifty speakers gave attention to both male and female forms of genital mutilation. Sixteen countries were represented. Marilyn is Director of NOCIRC, the National Association of Circumcision Information Resource Centers in San Anselmo, CA.

Joy Manné, Ph.D founder of the School of Personal and Spiritual Development in Lausanne, Switzerland has written Soul Therapy (North Atlantic Books, 1998) blending Western and Eastern (Buddhist) psychology with breathwork. Joy is the General Editor of The Healing Breath, a (new) Journal of Breathwork Practice, Psychology and Spirituality.

Psychologist **Marlou Russell, Ph.D** of Santa Monica, CA is an adoptee who specializes in work with other adoptees, birth parents, and adopting parents. She lectures periodically at Santa Monica Community College on the subject of "Adoption: The Lifelong Impact" and offers individual consultations and group support. She was featured in a Los Angeles Times story discussing her experience finding her birth mother and about her book, Adoption Wisdom (Los Angeles: Broken Branch Productions, 1996).

Musician and music educator **Renée Guindi** in Mexico City is Director of the Center for Music in Útero where she works artistically with groups of pregnant parents. She has produced three CDs of music by noted composers which can be used during pregnancy. Just released is a video (in Spanish) "Love and Music for Your Unborn Baby" which incorporates the latest findings in prenatal/perinatal psychology. Renée serves on the International Advisory Board of APPPAH. Her email address: <u>quindir@data.net.mx</u>. **Julie Motz, M.P.H.** is an energy healer who has worked in surgery at Columbia Presbyterian Medical Center in New York, Stanford University Hospital in California, and many others. She writes about her experiences in Hands of Life: An Energy Healer Reveals the Secrets of Using Your Body's Own Energy Medicine for Health, Recovery, and Transformation (New York: Bantam Books, 1998). Chapter 11 is devoted to Prenatal and Birth Traumas which, she finds, are relived during general anesthesia for surgery.

Tim Hammond, Director of NOHARMM in San Francisco, has released a new 18 minute edition of "Whose Body, Whose Rights" designed for the educational video market, including childbirth educators and parenting classes. Viewers will learn about history and medical ethics, changing religious attitudes, legal issues, foreskin functions, and consequences of circumcision. (For more information email InJoyVideo@aol.com.)

Thomas Portney, M.A., Licensed Independent Social Worker (LISW) in Augusta, South Carolina uses a form of body therapy to help clients resolve birth trauma. Recently, the Medical College of Georgia and Children's Hospital invited him to observe a live birth, and to offer two 2-hour trainings for labor and delivery nurses on how to intervene on behalf of mothers and babies. Tom has also designed training modules for teachers and assistants at Helping Hands: The Children's Place, where they care for abused and neglected infants. His wish is to open a birth center in Durango, CO. (Email: <u>birthboy@aol.com</u>)

Suzanne Arms, internationally known author, photojournalist, public speaker, and midwifery champion from Colorado has released the first in a series of videos for television, home video, and grass roots organizing to change the paradigm for birth in America. Under the general title Birthing the Future, the first video Giving Birth: Challenges and Choices (1998) presents a model for normal childbirth. The film was warmly received at the Apppah Baby Summit in Minnesota in August. (For more information call toll free 877-247-8446.)

Niravi Payne, M.S., Brooklyn, NY appeared on "Good Day" Fox 5 in the Big Apple in January. An expert in the psychological aspects of fertility/infertility, she was invited to comment on the death of the smallest octuplet. She spoke of the realistic damages inherent in births of this nature. Callers overwhelmingly agreed.

Dr. Thomas Verny, APPPAH founder, keynoted the 14th Annual Conference of the New York State Perinatal Association meeting in Albany in June. The Conference theme is "The Continuum of Care: From Conception Through Birth and Beyond." Annette Pfannensteil, Ph.D., of Syracuse who helped plan the conference, will also be speaking.

Jeannine Parvati Baker gave the keynote address, "Healing the Earth by Healing Birth," at the International Primal Association annual gathering at Appel's Farm in New Jersey. She and Rico and the children also participated in the workshop, "Little House on the Edge of the Millennium."

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Jon and Troya Turner (whole-self@quicknet.nl) have recently established a non-profit corporation, Whole-Self International Institute, to formalize training and two-year certification in the whole-self model of pre-birth memory discovery. Isabella Barajon, M.D., a Professor of Psychology in Milan, Italy and Maria Lee of Sherman Oaks, California were appointed International Directors. Maria is a member of APPPAH and Isabella is Vice President of ANEP-Italy. Email either of them @wholeself.org.

Diana Moore, M.S., L.M.T. of Portland, OR, Founder and Director of the Loving Touch Foundation, has led her seventh team of infant helpers to Romanian orphanages. Her organization (<u>www.lovingtouch.com</u>) trains and certifies infant massage practitioners and instructors and prepares them to offer parental training programs fostering positive touch and parental love to infants and children. In October she presented a positive parenting conference "Perfect or Marred? Pre- and Perinatal Critical Windows of Development" featuring psychologist **David Chamberlain**. David is a new resident of Nevada City, California (<u>dbchamb@pacbell.net</u>).

Michael Mendizza, Director of Touch the Future (<u>TTF@pacbell.net</u>) has won the support of the Nevada County, CA Children and Families First Commission for a series of three public lectures and all day seminars on "Zero to Five - The Early Child." Leaders in the series are Joseph Chilton Pearce, **David Chamberlain**, and **Jeanine Parvati Baker**.

Carista Luminare Rosen, Ph.D, author of Parenting Begins Before Conception. She has lectured at the Chopra Center, Noetic Sciences, Learning Annex and Whole Life Expos. Look for forthcoming attention in Self magazine and Parent's magazine. She has produced a new audiotape, "Commune with Your Future Child" featuring Preconception Bonding and Prenatal Bonding (<u>carista@aol.com</u>).

Mariana Caplan, M.A., author of Untouched: The Need for Genuine Affection in an Impersonal World (1998) has a new book, Halfway Up the Mountain: The Error of Premature Claims to Enlightenment (Holm, 1999). She has moved to Marin County, California to teach Transpersonal Psychology at the California Institute for Integral Studies, San Francisco (marianacaplan@dellnet.com).

Josefina Campiani of Key Biscayne, Florida (<u>icampiani@worldnet.att.net</u>) has organized a website serving the health, pregnancy, work and spiritual needs of Spanish-speaking women in North and South America. Special sections are dedicated to Life Before Birth, and Being a Mother, featuring, with our

permission, translations of articles from the APPPAH website, birthpsychology.com. For Spanish translations see: <u>intuitivas.com/mapadelsitio.htm</u>. Thank you, Josefina!

Congratulations to **Joy Manné**, **Ph.D.** of Pully, Switzerland for completing The Way of the Breath, the first ever novel featuring breathwork. The novel has been published in ten monthly installments on her website (<u>www.i-breathe.com/wayofbreath</u>) and can be downloaded in pdf format through Adobe Acrobat (instructions available on site. Joy is the General Editor of a journal of breathwork, The Healing Breath available online, and is author of Soul Therapy (North Atlantic Books, Berkeley, CA, 1997) which tells how to go about breathwork.

APPPAH celebrates **Judith Chapman, RN, CNM**, Santa Monica, CA for 40 years of service to pregnant mothers and their babies! After training at the University of California, Los Angeles and the University of Southern California Judy spent thirty years in labor and delivery and other areas of maternal/infant health. She began teaching parenting classes in 1960 and has been a Lamaze Instructor since 1972. Adding further to her many skills in the last ten years she became a Certified Massage Therapist and Instructor specializing in pregnancy and infant massage. Our thanks and congratulations to Judith Chapman, The Consummate Professional!

<u>Parenthoodweb.com</u> has a section on Pregnancy where four APPPAH supporters are featured under "Advice from Experts": **Judith Chapman, C.N.M.** and **Lynn Oyama, R.N.**, Cranio-Sacral Therapist, both from Santa Monica and obstetrician **Leo Sorger, M.D.** and spouse **Elizabeth Noble, P.T.** of St. Thomas, Virgin Islands.

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The Italian National Association of Psychology and Prenatal Education (ANPEP), headed by Italian psychologist **Gino Soldera**, **Ph.D** has recently held three conferences, created a quarterly 2-color, photo- illustrated News magazine, inaugurated a three-year course in Prenatal Education, created a website, and launched a scholarly Journal. The first issue of *The Italian Journal of Psychology and of Prenatal Education* is entirely devoted to the father in prenatal life. Visit <u>Associazione Nazionale di Psicologia e di Educazione Prenatale</u>.

Marlou Russell, Ph.D of Santa Monica gave a keynote address on "*The Lifelong Impact of Adoption*" at the Adoption 2000 conference held in Vancouver, Canada. Marlou is a psychologist specializing in adoption issues and author of *Adoption Wisdom: A Guide to the Issues and Feelings of Adoption*.

Gabriel Federico, Music Therapist in Buenos Aires, Argentina has published his first book, *The Musical Pregnancy* (in Spanish), to be distributed in Latin America and in Spain. He has developed a popular program of prenatal musical stimulation, Mamisounds. Visit <u>Mamisounds</u>.

Lynn Moen, of Seattle, has been celebrated in the Mothering magazine series of *"Living Treasures."* Lynn was a pioneer in childbirth reform and education. She was the first La Leche League leader in Washington State. She helped to launch the International Childbirth Education Association and organized its bookstore. Her catalogs of brief book descriptions and reviews gave focus and direction to the entire childbirth reform movement. Lynn served as book store organizer and advisor for early APPPAH Congresses.

APPPAH founder **Thomas Verny**, **M.D.** has recently served on an Advisory Panel for Healthy Families America, a home visitation program that now offers support services to families of newborns in 430 communities in the U.S. and Canada-a strategy that has been highly successful in reducing child abuse and neglect. Verny consulted with HFA on a new training module focusing on the psycho-social needs of prenatal families and how to support parents through visits in the prenatal period.

G. S. Kelkar, who has been engaged in prenatal stimulation and education experiments for 30 years at Manashakti Research Centre and Retreat Center in Lonavia, India, has created a popular magazine and website dealing with health, peace of mind, and appreciation of pre-birth wonders, including prenatal memory and personality. Visit <u>Manashakti.</u>

Royal Phillips of Santa Barbara, childbirth educator, newborn advocate, world traveler and filmmaker for over 30 years, is now the producer of a powerful six minute documentary, *"Prince for a Day."* While speaking to Midwives in Indonesia, she stumbled upon and photographed 41 little boys getting circumcised together in a Sumbawa Muslim ritual. Email <u>Royal Phillips</u>.

Congratulations to free birth advocate **Jeannine Parvati Baker** of Joseph, Utah, on the publication of the 25th anniversary revised and expanded edition of the classic, *Prenatal Yoga and Natural Childbirth*, a joint publication of Freestone Publishing Co. and North Atlantic Books!

Marilyn Milos, R.N., founder and leader of NOCIRC, has appeared with a select group of eight awardwinning nurses on the cover of NurseWeek magazine which circulates to 30,000 California nurses. Marilyn was winner in the category of "patient advocacy" and gave a stirring acceptance speech before an Awards Dinner gathering of 500. For the full story, visit <u>National Organization of Circumcision</u> <u>Information Resource Centers (NOCIRC)</u>.

Jon R.G. Turner of the Netherlands, founder of the Whole-Self discovery and development process of prenatal and birth awareness, has been making his mark in world travels this year. Beginning with a conference presentation to 700 midwives in Prague and an interview on Czech TV, he has continued with conferences in Caracas, Venezuela, and Ivanova, Russia. He will end the year with presentations in Singapore and Sydney, Australia (ISPPM) and join us at the 10th APPPAH Congress in San Francisco.

Psychologist **David Chamberlain**, **Ph.D.** was filmed at his home in Nevada City, CA by representatives of Nippon TV, Tokyo while a telephone connection linked him with a studio in Japan creating a two-hour Talk Show which was shown in Japan in May. (Can it be that easy?)

The peripatetic teacher, **Michael Trout, M.A.**, infant mental health expert, has recently made his mark in Washington, Virginia, Indiana and in a symposium on pre- and perinatal psychology at Wayne State University in Detroit. (Wasn't he on sabbatical?) He will also be speaking at the Hospital for Sick Children in Toronto, and to a state-wide conference on early childhood development in Austin, Texas, before speaking twice at the National Conference on Open Adoption, held annually in Traverse City, Michigan.

Marjorie Rand, Ph.D., one of the founders and developers of Integrative Body Psychotherapy (IBP) spent two months teaching and supervising students at IBP Centers in Switzerland, Austria, and Bremen, Germany. In Heidelberg she held a public lecture and 3-day workshop at the Institute of Prenatal Psychology directed by Dr. Ludwig Janus.

Hands of Life (1998) by **Julie Motz, M.P.H.** is now in four languages. Her work has been featured in NYTimes magazine, Ladies Home Journal, the Utne Reader, Psychology Today and Prevention. She has appeared on CNN, Dateline, Extra! And French National Television. Her 2001 Workshop schedule, often dealing with resolution of birth trauma or repatterning the journey from conception to birth has included Marin County, CA, Atlanta, GA, Portland, OR, Esalen Institute at Big Sur, and Kripala Center in Lenox, MA. Email Julie Motz.

Psychologist **Antonio Madrid**, Director of Russian River Counselors in Monte Rio, CA, continues ground-breaking research on maternal-infant bonding therapy as a treatment for pediatric asthma (See details in our Journal, Vol. 15 (2) Winter 2000). Initially funded by a grant to Apppah from the Van Strum Foundation, the study has received a matching grant from the Sonoma County Children and Families Commission, which will enable his team to see more children under six.